

Upper Blue Mountains Bushwalking Club Inc.

Abseiling Waiver

Name of Activity?

What is abseiling?

Abseiling is a dangerous activity that usually involves descending a vertical or near-vertical surface using a rope which runs through a friction device or is coiled around the body.

Participant Agreement

To participate in this trip you must be a current member of the Upper Blue Mountains Bushwalking Club. You are participating voluntarily and you understand that the trip leader is not a professional guide but a voluntary member of the bushwalking club.

By voluntarily signing this waiver you are stating that you are aware that this activity may result in injury, illness or death and the loss of, or damage to property.

Risks Associated

I understand that I may face the following risks while abseiling. These include but are **not limited to**:

Abseiler hitting the ground; people falling off cliffs; rocks, logs etc falling on people; fear of heights or falling; hand jammed, burned or grazed; people falling out of harnesses; harness not tied on correctly; hair, clothing etc jamming in the device; abseiler inversion (falling upside down); people getting lost returning from abseil; group lost; medical issue occurring while abseiling; slippery and uneven surfaces; anchor, abseil device or rope failure; slipping while abseiling; rope caught during retrieval; heavy backpack; muscle strain; sunburn; hypothermia; hyperthermia; dehydration etc

Participants Responsibilities

If you have any medical condition, physical disability or if there is any other issue that may affect you while abseiling please inform your trip leader immediately. By signing this waiver you agree that you are not taking any medication or have any physical limitations, which will affect your participation in this activity. If you do not understand anything mentioned in this waiver please seek clarification from your trip leader before undertaking this activity.

During the trip you should make every effort to remain with the group and notify the trip leader or other participants immediately if you are experiencing any difficulties or have any concerns. You agree to conduct yourself in a safe and responsible manner and exercise due care to ensure your personal safety and that of others during this activity. You must also make sure you have the correct equipment for safe participation in this activity. That you have enough food and drink for the duration of the trip and that this trip is within your capabilities.

You must follow the directions given by the trip leader for the duration of the activity. I have read or heard and understand these requirements and I have considered the risks before choosing to sign this Risk Waiver form and I still wish to join the activity.

I (full name) understand that by signing this waiver I have the above and accept all the risks associated with this activity and to the extent permitted by law, for myself and my heirs, executors and assignees, I release the Upper Blue Mountains Bushwalking Club, the trip leader and other participants from all claims, actions, suits and demands resulting from my illness, injury, death and/or the loss of, or damage to my property arising from my participation in this activity. I understand that in the event of my death this waiver also binds my estate.

Signed: on this day

Emergency Contact Name:

Emergency Contact Number: